Hoping the first month of the 2020 New Year has been treating you well thus far. We have a host of activities in store for our members this coming February through May, but first let me give a shout out to Caryn Wiser, Project Manager, of JLS Environmental Services, Inc., for her wonderful presentation and great insight into the remediation and hazmat abatement cleanup, and containment processes her company undertakes as a leader in the protection of our environment in our Industry.

February 1st is designated for our annual Block Kids Competition. Sequoia Elementary School (1820 S. Armstrong Ave.) will be our host school this year. This is one of our favored events and a great experience to participate in if you have never done so in the past. Our Block Kids Co-Chairs, Pat Krueger and Deanna Spencer can be reached at fresnonawic108@gmail.com if you would like to volunteer to help in this extraordinary event.

As a reminder, our February 13th General Membership Meeting will include a presentation from Kjirsten Harpain, AIA, of Darden Architects. Kjirsten will be discussing her design and renovation of the Apotek Shops & Lofts in Kingsburg. Also, during our February Meeting, Wine Raffle tickets will go on sale for a chance to win delicious wines during our Wine Raffle drawing, which will be part of our Recognition Night honoring our members, employers, sponsors and scholarship recipients during our March 12th General Membership Meeting. Please contact Caryn Wiser at fresnonawic108@gmail.com if you are interested in purchasing tickets.

This March will showcase our collaboration with two local high schools for WIC Week during the week of March 1-7. WIC Week is a nationwide event, which provides an occasion for NAWIC’s thousands of members across the country to raise awareness of the opportunities available for women in the construction industry and to emphasize the growing role of women in this industry.

On Monday, March 2, between the hours of 11:00 a.m. and closing, for dine-in or takeout, NAWIC Fresno Chapter 108 will be hosting a Fundraiser supported by Tahoe Joe’s Famous Steakhouse. Tickets are $20 each (a savings off the menu listing) for a delicious meal and in turn help support our Chapter. You can purchase tickets from Carolyn Mooradian, CCA, CIT, during the February 13th General Membership Meeting and by Wednesday, February 26. Please feel free to contact Carolyn at fresnonawic108@gmail.com for information.

Please mark your calendars for April 9th, for a tour and Spring Planting Presentation to be hosted by Diana Spino, Owner, of Lotus Gardens Outdoor Living Center. Our April 9th General Membership Meeting will follow at Black Bear Diner.

Please also save the date for our 23rd Annual Spring Luncheon to be held on Saturday, May 2, at Bobby Salazar’s Mexican Restaurant & Cantina. There will be a Raffle, Silent Auction, and Grand Prize. Carolyn Mooradian, CCA, CIT, will have tickets available during the February 13th General Membership Meeting.

Thank you and have a happy Valentine’s Day.

Thank you,

Janelle Romo – President, Fresno Chapter 108
How did you celebrate New Year’s Eve? For me, I stayed home and watched the new year arrive via television... even at California time! If you are like me, you love the holidays, but are always glad when they are over and things get back to normal.

During Pauline’s presentation at a Lead$ North Fresno breakfast meeting, she mentioned that in any season, you can find healthy plants, great landscaping services and knowledgeable people at Lotus Gardens Outdoor Living Center, Inc. She also reported that they are now planting seeds for spring color.

Given the recent Chicken Sandwich War, Yolanda did a Facebook Live Video debut of her evaluation of a Popeyes Chicken Sandwich provided to her by a co-worker at Pacific Shore Stones. She liked it enough for a drive thru pickup, but not well enough to stand in a long line. At one time, I heard they had run out of sandwiches. Guess the only way you know if you like them or not is to try them out!

Carolyn and Doug celebrated New Year’s Eve at Tahoe Joe’s Famous Steakhouse with a “Dinner for Two”, that included Clam Chowder, Railroad Camp Shrimp, Joe's Steaks, Iron Skillet Apple Pie and doggie bags. What a great meal!

Caryn, Project Manager of JLS Environmental Services, Inc. and a Chapter Board Director, presented an overview of her company’s environmental services during the January General Membership Meeting. She covers a territory from Madera to Bakersfield. Seems she knows every pothole there is on 99 between the two cities and some of the off roads too!

Karen and Paula were featured on the cover of the Jan-Feb edition of CVLUX California Vibe Magazine, as “Women of Influence transforming the Valley’s lifestyle one home of a time” (see magazine excerpts on page 5). Karen is one of our Corporate Sponsors and Paula is a Chapter Member

Pauline and Jerry celebrated the birthdays of both their son Dave and daughter-in-law Meredith at Lagorio’s Grill & Bar in Farmington. Must say – what a quaint little town. Also, the parking in front of the business is dual lane parallel parking along the regular street. Not sure how someone who parks on the inside lane gets out if they want to leave. When I asked, I was told they don’t leave, they just go back in and have another beer! Not sure if that is true, but...

Cyndi and her baby are on the cover of the January edition of Fig Garden Magazine, with a review of her F45 fitness training club center soon to open next door of Dave and Busters off of Friant and 41. Wishing her the very best. We all need to check it out after she get established.

Teri enjoyed the 9 to 5 for Christ dinner meeting at Northpark Community Church with friends, which included Jody Hudson, of the Alex Hudson Lyme Foundation, as the guest speaker.

CONGRATULATIONS! Yolanda announced that she has a new job with Ashley HomeStore as a Sales Associate. She will be starting in a couple of weeks, so please stop in and see her. And, if you are looking for furniture, buy from her!

Carolyn, Deanna and Pat had fun during their Block Kids Workshop at Pat’s home, complete with a gourmet lunch. Don’t forget the Block Kids Competition will be held on Saturday, February 1st at Sequoia Elementary School (1820 S. Armstrong -- a couple of miles south of Kings Canyon Rd). It starts at 8:00 and usually is completed by 11:30 a.m.

Wishing you all a Happy Valentine’s Day!
Chapter Members’ Activities
A key to success, in business and in life

BY HARVEY MACKAY

Derek Redmond was favored to medal in the 400-meter race for the United Kingdom at the 1992 Summer Olympic Games in Barcelona, Spain. But 150 meters into the semifinal race, he felt a searing pain in his right leg and fell to the ground in agony with a torn hamstring. He was not willing to give up. He wanted to finish the race no matter what. He got up and limped around the track until a man came out of the stands and broke through security to help him. It was his father.

He told his son, "You don’t have to do this." "Yes, I do," he told his dad.

And his dad said, "Well then, we’re going to finish this together."

And they walked together with arms around each other’s shoulders until shortly before the finish line, when his dad let him finish the race alone. Redmond received a standing ovation from the 65,000 people in attendance, including me.

That is what I absolutely love about the Olympic Games — the determination and never-give-up attitudes that these athletes bring to their sports. They demonstrate an amazing resilience that is inspiring. And that is why I’ve only missed one Summer Olympic Games since 1972, in Munich.

We’ve all hit roadblocks and dead ends that can make us think twice about whether it’s worth our efforts. Discouragement and disappointment cloud our judgment. It’s exhausting sometimes trying to figure out how to get past a problem.

So before negative thoughts lead to negative actions, you need to develop a strategy to clear your head. It becomes even more important to train your brain to look for positives.

Researchers believe that people who embrace a positive outlook have less stress, an increased sense of well-being, better coping skills and longer life spans. Do whatever it takes to get to that attitude. Learn to look on the bright side.

Or, to put it simply, in the immortal words of the great philosopher, Yogi Berra, "When you come to a fork in the road, take it."


Because when you don’t give up, you usually don’t fail.

This is true in life in general and business in particular. Every organization that gets hit with any sort of emergency needs to have people who can respond in a productive and clear-headed manner. Your value to the organization increases exponentially if you are one of those people.

In this ever-changing, fast-paced business climate, resilience is one of the most critical skills you need to master. Clinical psychologist Susan Dunn has observed that people who can bounce back after failure and confront new obstacles without losing their nerve generally do these essential things:

- Learn from experience. Resilient people reflect on what happens to them, good and bad, so they can move forward without illusion.
- Accept setbacks and losses: You’ve got to face the reality of what happens in order to get past it.
- Recognize emotions:
  - Resilient people don’t hide from their feelings. They identify what they’re feeling and express their emotions appropriately.
  - Keep time in perspective: Past, present and future are separate. For example, don’t mix them up by letting what happened in the past determine your choices in the here and now.
  - Think creatively and flexibly: Look for new ways to solve problems and face challenges.
  - Take care of yourself: Resilience is based on good physical and mental health. Get enough rest, eat sensibly and spend time with people who support you.
  - Ask for help: Resilient people don’t try to do everything themselves. Accept that you’ll need to ask others for assistance, and learn how to do so graciously and effectively.

Mackay’s moral:
When the wicked winds blow, learn to bend, not break.

Harvey Mackay can be reached through his website, www.harvey mackay.com, by emailing harvey@mackay.com or by writing him at Mackay/Mitchell Envelope Co., 2100 Elm St. SE, Minneapolis, MN 55414.

Construction of the present St. Peter’s Basilica, located in Vatican City, within the city of Rome, began on April 18, 1506. Given the absence of NAWIC member architects and project managers, and extensive contract change orders, weather delays and prevailing wage litigations, the construction project was lengthy.

In what year was the St. Peter’s Basilica completed? (Answer on Page 11)
Architects and Engineers and Contractors, Oh My!

Paula De Young
Executive Vice President
De Young Properties

Most people don’t make it home survive in the real estate business. I am a family-owned business, we all work very much–coordinated, hard work. Since I started working with my father at age 5, I’ve always gotten a sense of putting on my hard hat and taking on the construction site.

Paula has been named many other hats that first job as a “mechanic to the customers,” in her father’s company, De Young Properties. “Even at that young age, I learned the building environment,” she says. “My role in the company is to help with the design and construction of the buildings.”

Together, they have built a prosperous company and, most interestingly, shared many of their childhoods, all of which she credits to her company’s success. “I never really thought about it, but I have been involved in the building and marketing of our homes, and I have always been fascinated by the environment and the way things are put together,” she says.

De Young Properties has a long history of being good for the community. The company’s founder, Leland De Young, was a leader in the community, and that tradition has continued through the years. In 2014, the company announced a $1 million donation to the American Heart Association, and Paula De Young, the company’s CEO, was honored with the American Heart Association’s Heart of Gold Award.

Karen McCaffrey
Vice President
McCaffrey Homes

Karen is proud of the influence housing industry and community development projects that have made a difference in people’s lives. She encourages others to get involved in the process, and she considers herself a role model for others to follow.

Karen is a member of the National Association of Women in Real Estate, the California Building Industry Association, and the American Heart Association. She has been honored with the “Women in Housing” award for her contributions to the housing industry.

Karen encourages others to get involved in the process, and she considers herself a role model for others to follow. She emphasizes the importance of giving back to the community and of making a difference in people’s lives.

Karen’s career has allowed her to work with amazing people and to lead some of the most successful teams in the industry.

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Committees

Audit: Pauline McIntosh, CCA, CIT, Carolyn Mooradian, CCA, CIT & Deanna Spencer

Block Kids: Pat Krueger & Deanna Spencer

Bylaws: Marilyn Camin, CIT & Deanna Spencer

CAD Competition: TBD

Christmas Party: Pauline McIntosh, CCA, CIT & Carolyn Mooradian, CCA, CIT

Committee Coordinator: TBD

Corporate Sponsors: Donna Marie Shepherd

Finance/Budget: Janelle Romo, Marilyn Camin, CIT, Carolyn Mooradian, CCA, CIT, Yolanda Santos & Teri Sherron

Flower/Poinsettia Sales: Pauline McIntosh, CCA, CIT & Carolyn Mooradian, CCA, CIT

Industry Liaison: TBD

Innovation: TBD

Member/Future Leader of the Year: Marilyn Camin, CIT, Pauline McIntosh, CCA, CIT, Teri Sherron & Deanna Spencer

Membership: TBD

Membership Roster & Handbook: Carolyn Mooradian, CCA, CIT

Mentoring: TBD

Newsletter: Pauline McIntosh, CCA, CIT

Nominating: TBD by election

Professional Development & Education (PD&E)/Speakers: TBD

Recognition Dinner: TBD

Reservations: Carolyn Mooradian, CCA, CIT

Restaurant Fundraisers: Carolyn Mooradian, CCA, CIT

Safety & Health: TBD

Scholarship: Marilyn Camin, CIT

Social Media, PR & Marketing: Carolyn Mooradian, CCA, CIT

Spring Luncheon: Pauline McIntosh, CCA, CIT & Carolyn Mooradian, CCA, CIT

Sunshine: Carolyn Mooradian, CCA, CIT

Website: Carolyn Mooradian, CCA, CIT

WIC Week: Janelle Romo

Wine Raffle: Caryn Wiser

Please contact committee chairs if you are interested in joining any of these committees.

Chapter Plan Ahead

Sat., February 1 — Block Kids Competition
Sequoia Elementary School
1820 S. Armstrong Ave., Fresno ~ 8:00 a.m.

Thu., February 13 — General Membership Meeting
Speaker: Kjirsten Harpain of Darden Architects, Inc.
Renovation of the two-story Apotek building in Kingsburg, into the modern Apotek Shops & Lofts.

Mon., March 2 — Tahoe Joe’s Fundraiser
Tahoe Joe’s Famous Steakhouse
7006 N. Cedar Ave., Fresno ~ 11:00 a.m.—Closing (details to follow)

Thu., March 12 — Recognition Night & Wine Raffle
Chapter Awards Night Celebrating its Supporters & Wine Raffle drawing.

Thu., April 9 — Tour & General Membership Meeting
Lotus Gardens Outdoor Living Center Inc.
2271 N. Grantland Ave., Fresno ~ Meeting at Black Bear Diner following.

Thu., April 16 — 2020 42nd Annual CSI Product Show
Clovis Veterans Memorial District Building
808 Fourth St., Clovis ~ 4:30—8:00 p.m.

Thu., April 23 - Sun., April 25 — 2020 PNW Forum
Boise, Idaho
More details to follow

Sat., May 2 — 23rd Annual Spring Luncheon
Bobby Salazar’s Mexican Restaurant & Cantina
1129 E. Champlain Dr., Fresno ~ 11:00 a.m.—2:00 p.m.
More details to follow.

Wed., August 12 - Sat., August 15 — 2020 Annual Conference
Houston, TX ~ The Westin Galleria Houston
More details to follow.

YouTube Video Links

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More details to follow.

YouTube Video Links

https://youtu.be/B6Trz8f8LCg
https://youtu.be/Epyeb--M0FE
https://youtu.be/6gret0ZvhE
2020 Annual Product Show

Thursday, April 16, 2020 | 4:30 pm - 8:00 pm

Join CSI Fresno at its Annual 2020 Product Show on Thursday, April 16th at the Clovis Veterans Memorial Building in Clovis, California. Invite your friends and associates, have a drink on us, enjoy some food, socialize, and come enjoy the benefits of our Product Show and Program.

- Meet industry partners
- Develop relationships with product experts
- Access the most up to date information
- Get new ideas and inspirations
- Physically touch and evaluate the products

Event Schedule:
Program Check In: 4:30 PM - 5:00 PM
Program: 4:00 PM - 6:00 PM
Exhibits & hors d'oeuvres: 4:30 PM - 6:00 PM
Hosted beer & wine bar: 5:00 PM - 7:30 PM
Raffle: 6:30 PM - 7:30 PM

Free to attend!

Product Show Attendee RSVP Here!

Interested in Becoming a Sponsor/Exhibitor?

Event Schedule
Set up: 12:00 PM to 4:00 PM
Program: 4:00 PM to 5:00 PM
Exhibits & hors d'oeuvres: 4:30 PM to 6:00 PM
Hosted beer & wine bar: 5:00 PM to 7:30 PM
Raffle: 6:30 PM to 7:30 PM

Early Registration Special
Reservations made prior to January 31st will have special pricing and your logo included on all materials distributed as show announcements and invitations - submit logos with registration

2020 Exhibitor Registration Form

Sponsor/Exhibitor Register Here!

Attendee Registration:
https://www.california.org/civicrm/event/register?reset=1&id=110

Sponsor/Exhibitor Registration:
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NAWIC Fresno Chapter 108 Fundraiser
Supported by Tahoe Joe’s Famous Steakhouse

When: Monday, March 2, 2020, between 11:00 a.m. and closing, for dine-in or takeout.
Menu: Joe’s Steak, Wood Grilled Chicken or Sierra Mountain Rib, which includes Mountain Mashers, Blue Lake Green Beans and your choice of scratch-made Soup or Salad.
Cost: $20 (a savings of $3.74 to $4.82 off the menu listing with tax).
Tickets: Purchase tickets from Carolyn by Wednesday, February 26 (fresnonawic108@gmail.com) for info, with checks payable to NAWIC Fresno Chapter 108.

National Association of Women in Construction (NAWIC) core purpose: to enhance the success of women in the construction industry.

Jan
- 21 PDCE: Ignite Participation and Excitement in Your Chapter
- 22 Region Director Onboarding Session 1 - Region Conference Planning
- 29 Safety & Health: Suicide and Workplace Violence Prevention

Feb
- 5 Region Director Onboarding Session 1 - Social Media
- 18 PDCE: Are You Ready for Sustainability Week Campaign?
- 19 Region Director Onboarding Session 1 - Difficult Conversations

Upcoming Webinars

The Dawn of a New Era
2020 60th Annual Conference
August 12-15 in Houston, Texas

Expand Networking Base
Improve Skills & Knowledge
Educational Opportunities
Mentoring
Career & Job Leads
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National & Regional Events

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Tom Collins, CPA
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Carrie M Wiebe, CFE, CPA
Ginger Lozano, CPA

PROFESSIONALS
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Kelli D Steele, CPA
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Oscar Espinoza, CPA
Lisa Brown, CPA, CFE
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Chapter News

Please send all articles and content recommendations to Pauline McIntosh by the 20th of each month.

Contact Info Update

Members can update contact information through the member center at www.nawic.org

Mailing Address

P.O. Box 418
Clovis, CA 93613

Website & Social Media

www.nawicfresno.org
www.facebook.com/fresnonawic
www.twitter.com/fresnonawic108

Pub Quiz Answer

A: Project completion was on November 18, 1626, 120 years later.

Happy Valentine’s Day

Contact Information

Pauline McIntosh, CCA, CIT – Editor
Doug Mooradian – Design

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