Happy May Members!

Our Annual Spring Luncheon - NAWIC Goes Back To School. A big thank you goes out to Jamie Ohanesian, Donna Measell, Pauline McIntosh, CCA, CIT, Carolyn Mooradian, CCA, CIT and Deanna Spencer, who have been working tirelessly to make sure this is an outstanding event. The table themes will represent the different colleges that are being offered at CSUF. Thanks to all those decorating tables, which will be creative masterpieces. I want to give a big shout out to those attending and especially, to those who donated gifts. We are very appreciative for all the support you have offered! I’m sure we’ll be impressed by Fresno State President Joseph Castro’s, PhD, MPP, presentation, reviewing current construction jobs as well as the future plans. All in all, we’ll have a fun, full-of-laughter and fellowship time.

As you all know Deanna and I attended the 2018 PNW Region Spring Forum in beautiful Salem, Oregon, on Friday, April 20 and Saturday, April 21. You can see some pictures on our Facebook page and this edition of the Fresno Focus. It was very nice seeing and catching up with our NAWIC sisters in the PNW region. We had some outstanding speakers: Sonia Miller - Success for the Soul; Alex Coffman - Milwaukee Tools-Silica Safety; Tami Taylor - Virtual Reality in Construction; and, a Blue Beam-Construction Software demonstration. Moreover, we had the pleasure of meeting and sampling Moxie & Moss workwear clothing. You can take a look at www.MoxieandMoss.com. My gosh, we learned so much from these presenters!

As you know the Nominating Committee has been reaching out to our members to identify those interested in serving on the Board. Our election of Officers will be held at the June meeting. Why should you serve on the Fresno Chapter Board? Not only do you learn rules of engagement, i.e. Roberts Rules, but you get to travel to learn so much more about NAWIC on a Regional and National level. You learn the big picture! You bring that information back to our chapter and implement it here locally to enhance women in construction.

As a reminder, the NAWIC Annual Conference will be in Orlando, Florida, on August 15-18. This year’s Annual Conference offers exciting new changes, with more education, activities and networking opportunities than ever before. Early Bird registration is $635.00 and you can register online thru our National Website www.NAWIC.org.

As we slide into the hot weather, I hope everyone has a wonderful month of May!

Best,

Teri Sherron – President, Fresno Chapter 108
Spring and warm weather have finally arrived! The trees, flowers and bushes are all blooming and Fresno is beautiful. Of course, those of you who have allergies are probably not enjoying it as much as others.

Hope all of you had a wonderful April Fools’ Day – and did not get into much trouble.

First, congratulations to Precision Civil Engineering, Inc., Jamie’s stomping ground and one of our Corporate Sponsors, on expanding and opening a new office in Merced! Things in the construction side of the world are really looking up, finally.

Next, congratulations to McCaffrey Homes, also one of our Corporate Sponsors, for winning first place from Eliant Homebuyers’ Choice Awards for having the highest rate of referrals in the United States. 53 percent of their sales were from referrals. That really says a lot about a company. Talk about team work to accomplish this goal.

Did get word from Elena, that her precious puppy is doing great.

Our favorite Fresno Chaffee Zoo docent Carolyn, introduced Myrtle, a Ball Python, to the children (and adults) visiting the zoo. Carolyn said she is not afraid of snakes and that Myrtle is really very docile. She instructed the children how to “pet” the snake and not sure who enjoyed it more – Carolyn or the visitors!

Speaking of the zoo, Carolyn will be leading an Evenings on the Savannah tour of the zoo on Friday evening, May 11, for those of you who are interested in a “private tour.” Contact Carolyn to get more information regarding this special night.

Michelle got to join in on the Surprise Birthday lunch for Bernie Myrick. She seems to show up whenever there are people having fun.

As you all know, we are busily working on our Spring Luncheon, NAWIC Goes Back to School, which is being held this coming Saturday at The Painted Table here in Fresno. Dr. Castro will be our guest speaker. We have lots and lots of raffle prizes, just waiting to go home with some lucky people. Maybe you will be a lucky person! If you haven’t bought your ticket yet, please do so. You can contact either of our Co-Chairs, Jamie or Donna, to get tickets. Or really any NAWIC member can help you. The more the merrier – even in the classroom!

Have a great May – be sure to send me your achievements or any fun things you are doing. It just makes our newsletter more newsy! Not sure if that is a word, but it sounds good.
Chapter Members’ Activities
The three bones of success

A young woman was starting her career and leaving her parents’ home when her father pulled her aside and said, “There are only three things you need to make a big success in this world – three strong bones.”

“Three bones?” the young woman asked.

“Three bones,” her father repeated. “A wishbone, a jawbone and a backbone.

“You need a strong wishbone to dream big and imagine a life of endless possibilities,” he said.

“Your jawbone is to ask for help when you need it,” he continued. “Speak your mind when you have to and raise insightful questions to feed your curiosity and your intellect."

“Finally,” he added, “your backbone gives you the courage, effort and determination you’ll need to achieve your goals.”

When it comes to a wishbone or dreaming, it’s important to aim high – to have dreams that inspire you to go beyond your perceived limits. Show me someone who doesn’t dream about the future, and I’ll show you someone who doesn’t know where he or she is going.

Indecision can destroy your dreams, if you allow it. Dr. Seuss, the author of the beloved children’s books, identified this common workplace malady in “Oh, The Places You’ll Go.” He takes the reader on a journey along beautiful streets and into wide open fields under clear blue skies. Then, there’s a crossroads and confusion. Suddenly, we’re in what he calls “The Waiting Place” – a place where people just wait because they can’t make up their minds or because they are afraid of change.

I often joke that it takes years to become an overnight success. But it starts with a dream. My dream was to own a factory. I wasn’t even sure what kind of product I’d make, or exactly where it would be. But I pictured myself walking the factory floor, talking to workers. The pile of broken-down machines I bought might have looked more like a nightmare at the time. But dreams come true – with a lot of wide-awake work.

As for a jawbone, we all need help at some time. Don’t be afraid to seek out advice. Consult someone you already know and trust. That person can usually lead you to someone who can help you if different skills are necessary. Use an expert to find another expert in the same profession. In other words, don’t ask a lawyer to help you choose a doctor. Good advice is never cheap. And cheap advice is seldom good.

Ask questions – a lot of them. I ask a lot of questions. There’s so much information out there, and I want only the good stuff. I want information that will help me make the right decisions. There is an art to asking questions and discovering what is central to your success. To get a good answer, ask a good question.

And don’t be afraid to speak up. I received some good advice from my father, who told me; “If you want to be seen, stand up. If you want to be heard, speak up.” And I would add to that, if you don’t speak up, prepare to put up.

The backbone may be the most important bone of all. Courage is regarded as one of the major human virtues. Courage is bravery, valor, standing up to danger, guts and nerve all rolled into one. It’s easier to be ordinary. Courage is what sets you apart from the crowd.

I remember when I was first starting out in sales, I asked an experienced colleague I respected how many calls he would make on a prospect before giving up. He told me, “It depends on which one of us dies first.”

Mackay’s Moral: If you want to be able to do the heavy lifting required for success, start building strong bones.

The columnist can be reached at Harvey@mackay.com or @HarveyMackay on Twitter.
Committees

Bylaws: Marilyn Camin, CIT
Audit: Carolyn Mooradian, CCA, CIT, Jamie Ohanesian & Teri Sherron
Committee Coordinator: Jamie Ohanesian
Corporate Sponsors: Donna Measell
Christmas Party: Jamie Ohanesian & Teri Sherron

Professional Development & Education (PD&E): Jamie Ohanesian & Deanna Spencer
Reservations: Michelle Wentworth & Pat Krueger
Recognition Dinner: Elena Nuno, Pauline McIntosh, CCA, CIT & Carolyn Mooradian, CCA, CIT
Finance/Budget: Teri Sherron, Marilyn Camin, CIT, Pauline McIntosh, CCA, CIT & Jamie Ohanesian
Nominating: Shelley Avila, Donna Measell, Jamie Ohanesian, Deanna Spencer & Caryn Wiser
Member/Future Leader of the Year: Teri Sherron, Marilyn Camin, CIT, Donna Measell, Jamie Ohanesian & Deanna Spencer
Newsletter: Pauline McIntosh, CCA, CIT
Social Media, PR & Marketing: Teri Sherron
Website: Teri Sherron
Sunshine: Carolyn Mooradian, CCA, CIT
Block Kids: Pat Krueger & Deanna Spencer

CAD Competition: TBD
Scholarship: Marilyn Camin, CIT & Carolyn Mooradian, CCA, CIT
PNW Fall Conference: Teri Sherron, Marilyn Camin, CIT, Pauline McIntosh, CCA, CIT, Carolyn Mooradian, CCA, CIT, Deanna Spencer & Michelle Wentworth

Please contact committee chairs if you are interested in joining any of these committees.

Chapter Plan Ahead

April 24, May 1, 8, 15 & 22 — US Green Building Council Events
Details on page 6 & usgbccc.org/events

Thursday, May 10 — General Membership Meeting
Speaker: Alisha Anderson, Fresno Chaffee Zoo
Overview of zoo, upcoming projects and exhibits.

Thursday, June 14 — General Membership Meeting
Speaker: More details to follow & Election of Chapter Officers

Wed., August 15 - Sat., August 18 — Annual Conference 2018
Orlando, Florida
More details to follow.

Fri., October 12 - Sat., October 13 — PNW Fall Conference 2018
San Jose, CA ~ Dolce Hayes Mansion
More details to follow.

Thu., April 11 - Sat., April 13 — PNW Spring Forum 2019
Seattle, WA ~ Seattle Marriott Waterfront
More details to follow.

YouTube Video Links

NAWIC National YouTube
https://www.youtube.com/user/nawicvid

https://youtu.be/EpYeB--M0FE
Green Building Month

Tuesday, April 24, 12-1:30pm  Path to Healthy and Sustainable Materials

Event Host: Sacramento Regional Green Building Council 100 Republic Center #200
Sacramento, CA

AIA (9hr). GCED: 1hr (Accredited for 1 hour)

For designers, contractors and builders, the idea is to look for ways to make buildings healthier and more sustainable. The intent is to create buildings that are healthy and safe for the people who work or live in them. The event will feature a panel discussion on the latest trends and best practices in green building.

Preventor: Michael Davis, Interface

May 1  Construction and Demolition Recycling
May 8  Zero Net Energy Community Tour
May 15  Design Opportunities for Sustainability Above and Beyond ZNE
May 22  Electric Vehicle Charging Station Rebates

More info and sign up at www.USGBC.org/events

SAVE THE DATE!
PNW Fall Conference 2018

October 12-13, 2018

Pacific Northwest Construction Association

PNW Fall Conference 2018 in San Jose, CA

PNW FALL CONFERENCE 2018 IN SAN JOSE, CA

More to follow!

BOOK YOUR HOTEL NOW!

You’re Invited to Seattle!
2019 PNW Region Spring Forum - April 11 - 13, 2019

The Puget Sound Chapter Welcomes You to Seattle!

Join us April 11 - 13, 2019 at the beautiful Seattle Marriott Waterfront for three inspiring days of networking, education and fun!

The Seattle Marriott Waterfront is just steps away from Seattle’s Waterfront and offers quick access to the city’s most famous attractions, including Pike Place Market, historic Pioneer Square, downtown shopping and the iconic Space Needle.

Mark your calendars!
We’ll see you in the Emerald City next April!

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Contact Info Update
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Chapter News
Please send all articles and content recommendations to Pauline McIntosh by the 20th of each month.